



## CELLULAR ESSENTIALS® : Bio-C™ and Cardio Basics™

### Bio-C™

#### Description

Vitamin C is a strong antioxidant. It is water soluble and works together with the body to fight off dangerous free radicals. Because of its antioxidant properties it can be beneficial in preventing a large number of health conditions, such as cardio vascular disease (in particular myocardial infarction), cancers, cataracts, atherosclerosis, osteoarthritis, etc. Bio\_C combines vitamins with bioflavonoids, that are known to enhance the absorption of vitamin C.

#### Ingredients per daily dose.

Name	Amount	Function
Vitamin C	300 mg	Water soluble antioxidant
Citrus Bioflavonoids	75 mg	Promotes absorption of vitamin C from the GI tract

### Cardio Basics®

#### Description

Cardio Basics is a multivitamin product, and aminoacid product, particularly designed for reducing atherosclerotic plaque build-up in our arteries. It has been studied together with Bio-C in patients with atherosclerosis, and cleaning of the arteries can be observed after a few month of product use. Carotid patients also benefit by taking this product. Cellular Essentials, combines Cardio Basics and BioC. It is theorized that cardiovascular disease is primarily a chronic deficiency of vitamins and minerals.

#### Ingredients per daily dose.

Name	Amount	Function
Vitamin A	2500 IU	General vitamin
Vitamin C	300 mg	Water soluble antioxidant, particularly effective in heart disease, promotes synthesis of collagen
Vitamin D	200 IU	Vitamin, promotes calcium absorption
Vitamin E	200 IU	Fat soluble antioxidant, prevent oxidation of LDL particles

