



Item: 0961
Quantity: 60 Capsules

Vision Complete™

Support and Maintain the Health of Your Eyes*

- ▶ Provides essential nutrients for capillaries that feed eye muscles and nerves.

A ANTI-AGING HEALTH SYSTEM

Risk factors that can affect the health of your eyes are tobacco smoke, sunlight, diets deficient in antioxidant-containing fruits and vegetables, excessive alcohol, saturated fats and sugar.

- ▶ Ultraviolet light can damage your retina and may increase your chances of developing deteriorating eye health. Therefore, it is extremely important to protect your eyes when you are outdoors.
- ▶ The AREDS (Age-Related Eye Disease Study) used dietary supplements, which included a combination of antioxidants and zinc, and involved almost 5,000 people over age 55. It provided the first solid evidence that vitamins can have a positive effect on deteriorating eye health.

P PRODUCT INFORMATION

As people mature, subtle changes may become apparent in their vision. Although it may cause some concern, such vision changes are considered a normal and expected part of growing older. However, with recent gains in research on health and longevity, we can take positive action to protect our eyes. Routine evaluations by a health care provider, living a healthy, active lifestyle and proper nutrition all play a vital role in eye health.

With this in mind, the Unicity International Vision Complete formula contains some of the most useful nutrients to support and maintain the health of your eyes, including alpha-lipoic acid, bilberry and eyebright. In addition, Vision Complete features patented** FloraGLO® lutein in concentrated, purified form to support the macula, and patented† Bioperine® to enhance nutrient absorption.

**FloraGLO® is a registered trademark of Kemin Foods, L.C., U.S. Patent No. 5,382,714. †Bioperine® is a registered trademark of Sabinsa Corporation, U.S. Patent No. 5,536,506.

F FEATURES AND BENEFITS

- ▶ Helps promote night vision*
- ▶ Promotes strong connective tissue*
- ▶ Promotes blood circulation in the eye*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vision Complete™

? FREQUENTLY ASKED QUESTIONS

Q: Why do Optimal Performance tablets appear green?

A: This enhanced-energy formula provides six select ingredients in a base of natural alfalfa, which gives the tablets a green appearance. Optimal Performance does not contain artificial colors.*

Q: Where does bee pollen come from?

A: Bee pollen is collected by honey bees from flowers and carried in a pocket on their hind legs. As the bees enter a hive, a mesh screen causes the pellets of pollen to fall from their legs into a collection drawer. The pollen is then carefully cleaned, dried and stored to maintain the potency of its many valuable nutrients. Throughout this process, there is no harm to the bees.

Q: Does Siberian ginseng contain caffeine?

A: No. This herb does not contain caffeine. The botanicals and minerals in Optimal Performance provide naturally occurring stimulant properties that may feel like the boost caffeine can generate.

S SCIENCE

Your eyes are composed of the pupils, cornea, lens, retina, macula, capillaries and optic nerve. The eye lens is similar to the lens of a camera that sharpens the image as light enters the opening. The macula, located in the middle of the retina, allows you to see fine details. The cornea, retina, capillaries and optic nerve work together to facilitate visual acuity.

Risk factors that can affect the health of your eyes are tobacco smoke, sunlight, diets deficient in antioxidant-containing fruits and vegetables, excessive alcohol, saturated fats and sugar. One way to protect the health of your eyes is to reduce saturated fat and cholesterol in your diet by eating less red meat and to increase your intake of phytonutrients.

In addition, you can protect your vision by having an annual physical and eye checkup with your health care provider; eating a diet rich in antioxidant fruits and vegetables, lutein and zeaxanthin; and supplementing your intake with dietary supplements. In addition, exercise regularly and block the sun's ultraviolet rays with sunglasses or a hat with a brim.

R REFERENCES

Han D, et al. Lipoic acid increases de novo synthesis of cellular glutathione by improving cystine utilization. *Biofactors*, 1997. [Alpha Lipoic Acid]

Bone RA, et al. Distribution of lutein and zeaxanthin stereoisomers in the human retina. *Exp. Eye Res.*, 1997 Feb. [Lutein]
Sommerburg O, et al. Fruits and vegetables that are sources for lutein and zeaxanthin: the macular pigment in human eyes. *Br. J. Ophthalmol*, 1998 Aug. [Spinach]

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
<i>Bacopa monnieri</i> Leaf Extract 150 mg	†
Standardized to 20% Bacosides A&B, 30 mg	
<i>Ginkgo biloba</i> Leaf Extract 60 mg	†
Standardized to 24% Flavonol Glycosides, 14.4 mg	
Standardized to 6% Terpene Lactones, 3.6 mg	
Cogno Proprietary Blend 600 mg	
Cat's Claw Bark PTI-00703™** (<i>Uncaria tomentosa</i>)†, Golu Kola Leaf†, Rosemary Leaf†	

† Daily Value not established.

Other ingredients: Gelatin.

**CognoBlend with PTI-00703™ is under U.S. patent pending.

PTI-00703™ is a trademark of ProteoTech, Inc.

STORE IN A COOL DRY PLACE.

KEEP OUT OF THE REACH OF CHILDREN.



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Place your order at www.unicity.net, or call us at 1-800-UNICITY (864-2489).
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