

HEALTH &
WELLNESS

> CLEANSE

NOURISH

TARGET

Paraway® Pack

"At the hands of an unknown predator, which turned out to be a parasite in my intestines, I watched my health deteriorate. Two months after the Paraway® Pack, I have my health back and much more."†
Patricia Zito

The ultimate cleansing system

Unicity's Paraway® Pack is designed to help your body remove impurities, cleanse your digestive system, and help your body utilize essential nutrients, vitamins, and minerals.



The Paraway® Pack should be the first step in any health, weight loss, fitness, or beauty regimen.*

Getting healthy and staying healthy require cleansing your body of unwanted organisms and waste and keeping your gastrointestinal system running smoothly. Unicity's Paraway® Pack is designed to help your body remove impurities, cleanse your digestive system, and help your body to utilize nutrients, vitamins, and minerals essential to health and wellness. The Paraway® Pack should be the first step in any health, weight loss, fitness, or beauty regimen.*

The digestive system performs the important functions of food digestion, nutrient absorption and waste elimination. As the "kitchen" for the rest of the body's systems, the digestive system needs to be kept clean, otherwise it becomes an incubator for pathogens and a potential source of infection to the other body systems.* Periodic cleansing of the digestive system may:

- Clear the digestive channels for improved food digestion, nutrient absorption, and waste elimination
- Improve digestive tonus and rejuvenate the system
- Normalize digestive functions and correct imbalances in the digestive tract
- Enhance clearing of debris and toxins from the digestive tract
- Promote weight loss
- Reduce the risk of other digestive disorders, including hemorrhoids

- Improve energy and stamina
- Generate a sense of general well being

The Paraway® Pack contains three of Unicity's most powerful cleansing products:

Nature's Tea®

A sweet-tasting blend of traditional Chinese and American herbs, Nature's Tea® is a fast-acting and effective, yet natural and gentle, product that aids your digestive tract in eliminating waste.*

Nature's Tea® recommended use:

For ages 12 and up. Begin slowly. Steep one tea bag per cup for 2–5 minutes. Drink after evening meal. Increase steeping time gradually. Drink hot or cold. Not for long-term use.

Paraway® Plus

Paraway® Plus prepares the digestive tract to eliminate unwanted organisms and wastes while nourishing the digestive and urinary tracts.*

Paraway® Plus recommended use:

For the first 10 days, take two capsules daily in the morning with a large glass of water. For the next 20 days, take four capsules daily in the morning with a large glass of water (not to exceed 5 capsules).

LiFiber®

A comprehensive blend of 29 herbs, all-natural LiFiber® contains the unusually high ratio of 5.6 grams of fiber in every 10-gram serving.*



LiFiber® recommended use:
 Add one level tablespoon of LiFiber® to
 8–10 fl. oz. of water, juice, or the beverage
 of your choice. Drink immediately.

Research Brief

A Discussion of the Colon

The colon, or large intestine, is the terminal portion of the gastrointestinal (GI) tract. The colon receives the thoroughly mixed and digested remains of food from the upper portions of the GI tract. Remaining nutrients, primarily in the form of indigestible fiber, is acted upon by intestinal bacteria. These bacteria produce various vitamins, such as vitamin K and biotin, that are absorbed into the blood. In addition, the colon also absorbs significant amounts of water and electrolytes from the digested food before it is eliminated.* Colon health relies on two factors: 1) the health and viability of intestinal bacteria and 2) constant motility to move the contents along the colon. Dietary fiber helps stimulate bacterial fermentation as well as motility. Lack of motility in the colon slows the transit time of digested materials. This leads to an increase in the amount of water reabsorbed and can lead to constipation. On the other hand, greatly increased motility can cause diarrhea, which can lead to severe loss of water and electrolytes.*

NOTICE: This product contains senna leaf and fran-

gula bark. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because senna leaf and frangula bark may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent and disease.

Sources: Gruenwald J, Brendler T, Jaenicke C. Physician's Desk Reference for Herbal Medicines. Medical Economics Company, Inc. 1998. The Lawrence Review of Natural Products. Facts and Comparisons, a Wolters Kluwer Company. 1998-1999. Blumenthal M. The Complete German Commission E Monographs, Therapeutic Guide to Herbal Medicines. American Botanical Council. 1998. Schulz V, Hansel R, Tyler VE. Rational Phytotherapy: A Physicians Guide to Herbal Medicine. Springer-Verlag, Heidelberg, Germany. 2001 Katch, F and McArdle, W. Introduction to Nutrition, Exercise and Health, 4ed. Philadelphia:Lea & Febiger; 1993. Guyton, A. Textbook of Medical Physiology, 8ed. Philadelphia: WB Saunders; 1991

“When we started the Paraway® Pack we were finally on the right track. We each lost over 50 pounds and reversed our accumulated health problems.”†

Terri Henderson & Sheri Buckner

“My husband and I love Nature’s Tea® because we know it works! As we get older, keeping ourselves regular gets more challenging, but Nature’s Tea® really helps. We love sharing this product with our friends all over the world.”†

Marylou Wilson

“My wife and I both use LiFiber® daily, and we wouldn’t go without it. This product helps with weight management and cardiovascular health. Whenever anyone tries it, they soon find out for themselves how much better it makes them feel.”†

Tyler Little

†This testimonial reflects the individual’s experience with the Unicity product and may not be typical. Individual results may vary.

Paraway® Pack
 Item 17128
 Retail:

Nature's Tea® Supplement Facts		
Serving Size:	2 Tea Bag	
Servings Per Container:	30	
Amount Per Serving	% Daily Value	
Calories	5	
Calories from Fat	0	
Vitamin A	580 IU	10%
Vitamin C	6 mg	10%
Calcium	38 mg	4%
Iron	1.2 mg	6%
Proprietary Blend	2 g	
Senna Leaf		†
Buckthorn Bark		†
Peppermint Leaf		†
Stevia Leaf		†
Uva Ursi Leaf		†
Orange Peel		†
Rugose Rose Hip		†
Marshmallow Root		†
Japanese Honeysuckle Flower		†
English Chamomile Flower		†

* Percent Daily Values are based on a 2,000 calorie diet
 † Daily Value not established

LiFiber® Supplement Facts		Paraway® Plus Supplement Facts	
Serving Size:	10 grams	Serving Size:	2 Capsules
Servings Per Container:	About 45	Servings Per Container:	60
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Proprietary Blend	1012 mg †	Proprietary Blend	1012 mg †
Psyllium (Plantago psyllium L.) (husk)	†	Black Walnut Hull	†
Guar (Cyranopsis tetragonoloba (L.) Taub.) (gum)	†		
Hibiscus (Hibiscus rosa-sinensis (L.) (flowers)	†	Pumpkin Seed	†
Grapefruit (Citrus grandis (L.) Osbeck) (pectin)	†		
Caa'Inhem (Stevia rebaudiana (Bert.) Hemsl.) (leaf extract)	†	Knotweed Extract	†
Licorice (Glycyrrhiza glabra (L.) (root)	†		
Alfalfa (Medicago sativa L.) (whole plant)	†	Clove Flower Bud	†
Aloe Vera (Aloe barbadensis Mill.) (herb)	†	Sage Leaf	†
Black Walnut (Juglans nigra L.) (hulls)	†		
Buchu (Barosma betulina (Berg.) Bartl. & Wendl.) (leaf)	†	Garlic Bulb Extract	†
Burdock (Artium lappa L.) (root)	†		
Cayenne (Capsicum frutescens L.) (fruit)	†	Gentian Root	†
Chickweed (Stellaria media (L.) Vill.)	†		
Cinnamon (Cinnamomun cassia Blume) (bark)	†	Hyssop Leaf	†
Clove (Syzygium aromaticum (L.) Merr. & Perry) (seed)	†		
Corn (Zea mays L.) (silk)	†	Fenugreek Seed	†
Dandelion (Taraxacum officinale Weber) (root)	†		
Echinacea (Echinacea angustifolia DC) (root)	†	Chamomile Flower Extract	†
False Unicorn (Chamaelirium luteum (L.) A Gray) (root)	†		
Fenugreek (Trigonella foenum-graecum L.) (seed)	†	Black Pepper Fruit	†
Garlic (Allium sativa L.) (bulb)	†		
Ginger (Aingiber officinale Roscoe) (root)	†	Peppermint Leaf	†
Marshmallow (Althaea officinalis L.) (root)	†		
Papaya (Carica papaya L.) (fruit)	†	Thyme Leaf	†
Peppermint (Mentha piperita L.) (leaf)	†		
Pumpkin (Cucurbita pepo L.) (seed)	†	Fennel Seed	†
Red Raspberry (Rubus idaeus L.) (leaf)	†		
Rhubarb (Rheum palmatum L.) (root)	†	Chlorophyll	†
Slippery Elm (Ulmus rubra Muhl.) (bark)	†		
Uva Ursi (Arctostaphylos uva-ursi (L.) Spreng.) (leaf)	†		
Yucca (Yucca schidigera Roelz.) (root)	†		

* Percent Daily Values are based on a 2,000 calorie diet
 † Daily Value not established

“Within days of starting the Paraway® Pack I had more energy than I had had in years. I was doing hard physical labor at that time and my energy did not fail me for the entire month long project. I also noticed other benefits including improved movement in my fingers and lower back, my hair began to thicken, my skin became absolutely radiant and smooth as a baby’s behind, (after a few eruptions cleared). I was no longer irritable and best of all I stopped craving sodas, junk food and high fat foods and even lost a few pounds. I actually looked forward to taking the Paraway® Pack and I still love the taste. I have in the last 18 months done four complete packs and I have had more vitality in my life then ever before.”†

Pawnee Jewell

†This testimonial reflects the individual's experience with the Unicity product and may not be typical. Individual results may vary.

For more information, contact your local Business Associate:

Visit us at www.makelifebetter.com or call us at 800-UNICITY (800-864-2489)